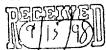
NOTIFICATION PURSUANT TO SECTION 6 OF DSHEA

6297 '98 SEP 21 P1:54

In compliance with Section 6 of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of **Muscle TribeTM Creatine L3 Product #52346** bearing the statements set out below:

Weider Nutrition International., Inc. 2002 South 5070 West Salt Lake City, Utah 84104



The text of each structure-function claim for Creatine powder (6000 mg) and 500 mg of L-methionine, L-arginine, glycine per heaping teaspoon is as follows:

(Statement 1)

Creatine L3 Muscle TribeTM has taken a superior grade of creatine monohydrate and added three amino acids used by the body to make creatine. This state of the art formula improves cellular hydration. This gives muscles a fuller look, decreases muscle catabolism, supports muscle synthesis, and allows you to recover from your workout faster.

(Statement 2)

Muscle TribeTM has taken the highest grade of creatine monohydrate and added three essential amino acids to enhance the natural production of creatine in the body. This state-of-the-art formula improves cellular hydration which gives muscles a fuller look and decreases muscle catabolism, while allowing you to recover from your workout faster.

in, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International., Inc. am authorized to certify this Notification of behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 8th day of September, 1998.

WEIDER NUTRITION INTERNATIONAL, INC.

 \mathbf{RV}

DR. LUKE R. BUCCI Vice President of Research

LET 2134 6/186